

EAST COAST SWING: RIGHT IN RIGHT VARIATIONS

1) HAND CHANGE BEHIND BACK: (possibly following a waist slide turn)

He leads a loop turn for her on the first triple step, then then turns L. on the second triple step to change hands behind his back.

2) RELEASE TURN FOR THE LADY

He pushes her knuckles away on the rock-step, pulls her R, hand forward and flips wrist ("frisbee") to release her hand on the first triple step. She turns herself L. while he passes behind her on the second triple step; retake her hand for next rock-step.

3) SHE GOES, HE GOES

She turns L. under their joined R. hands on the first triple step, he turns R. under the joined hands on the second triple step; trade places in the process. She travels more than he does to remain close together. ALSO can end with a hand drop of her R hand into his L hand on the rock-step

4) SHE GOES/HAIRBRUSH:

She does a loop turn on the first triple step, he passes their joined hands behind his head on second triple step. She slides her R. hand down his L. arm to retake hands.

5) TUCK TURN:

Push-pull her R. hand on rock-step, leading her into sweetheart position, then send her back out. Possibly switch sides three times then send her back out.

6) SURPRISE SPIN:

On first triple step he puts his L. hand on her R. arm above the elbow, to spin her to her R. on second triple step. Retake hands for rock-step.

7) LOW SHADOW POSITION:

Keeping the R hands below waist level, pull her forward and to her Left on the two triple steps, so that she ends up in his R arm with her R hand on her hip and L in L for the rock-step. She keeps relaxed arms throughout. Exit by sending the L hands forward for her to return to starting place.

8) EXIT FROM LOW SHADOW:

May use "Dishrag" wind up, where the L hands circle over her head, retaining R hands, to do the rock-step in cross-hand position, then returning to Low Shadow. Final exit from cross-hand can be She Goes/He Goes by dropping the L hands.