

# SAINT PETERSBURG 2018

Thursday, 4 of January  
12:00-13:15: Hesitation Waltz - patterns vs. freestyle

## VARIATIONS: Three Hesitation Waltz options

**Walk:** 1 step per measure, elegantly; borrow from One Step variations

**Double Boston:** side together step (balance and ½ turn), stepping on counts 1 (2) 3 | 4 (balance and turn on 5-6)

**Fast waltz:** stepping on all 6 counts, rapid rotation

## PATTERNS

**Lame duck** (from Vernon Castle's book "Modern Dancing") step side-close on counts 1 and 3; repeat three times, then take one more step to rotate halfway around. Repeat on other foot. Be sure to step high on the toes then close in plie'. This can also be done backing the lady with the 1<sup>st</sup> foot, and then backing the man with the 2<sup>nd</sup> foot.

**Mistletoe Hesitation** (from F. Leslie Clendenen's *Dance Mad, or the dances of the day*; 1914; reconstructed by Richard Powers)

Start side by side facing line of dance, gentleman on the left, with right hands joined behind the lady's back and left hands joined in front. Both begin on the left foot.

Walk 4 steps forward, LRLR, 1 step per measure

Dip forward on count 5 with LF

Corte' back onto right foot (6), bring left foot back behind right (&), step forward right (7) rotate ½ to the right to step back on the LF (8). Your RF should be in front, ready to step.

Reverse to the R foot.

Repeat both sides.

To exit and prepare for Waltzing, both R hands turn the lady outside, taking her R hand in his L hand for closed position

Style: The steps should be done with a lilting rise onto the toes to fill out the music, rather than just walking.

## DISCUSSION

Walking, Boston waltz and Fast waltz improvisations vs. Hesitation Waltz patterns

Waltz history