

SAINT PETERSBURG 2018

Thursday, 4 of January
16:30-17:45: Early Ragtime Blues (QQS)

BASED ON SSSS QQS QQS FOXTROT

VARIATIONS for SSSS

Grapevine (Symmetrical or Asymmetrical): step side, then cross either in front or back, alternating front and back crossings

Anderson Turn: Lead takes one step forward in Promenade position, then crosses RF over LF, anchoring the R toes to the floor. Slowly untwist/unwind as Follow walks around Lead.

Pomander Turn: in R shoulder Yale

Follow's Underarm turn: take all 4 steps to complete the turn; Lead walks along beside as she travels

Promenade Turnout: walk walk pivot pivot in Promenade position

Rocking: shift weight forward onto 1st foot, then back; repeat

VARIATIONS for QQS QQS

Side Sway: Step side-together-side on QQS, LRL; lightly brush RF to L ankle; step RF side-together-side on QQS, RLR. Woman opposite.

Zig and Zag: Facing LOD, back the lady, he stepping diagonally forward while she steps diagonally back, step side-together-step; lead with the shoulder

Yale Zig Zag: Same as above, but in R shoulder Yale for the 2 quick steps on Zig, L shoulder Yale for the 2 quick steps on Zag; rotate to the L shoulder on the Slow count

Turning Two Step: ½ right/CW turn on each QQS; two QQS patterns = 1 full rotation as in Rotary Waltz; ALSO Reverse Turning Two Step

Grapevine: side cross side, cross side cross in QQS timing

Lady's Underarm turn on first QQS, Promenade forward side-by-side on second QQS. ALSO end in Side-by-side position after her turn, progress forward on each step

EXERCISES

Follow puts 1 hand on Lead's heart: Lead controls from torso, Follow becomes aware of nuances of movement

Add closed eyes for Follows

STYLE

Use more casual handholds and frames

Style is lower to the ground, (more plie') with more upper body leaning and involvement

Feet skim the floor, no marching

Character is required

Elegant and smooth or jaunty; listen to music for guidance

DISCUSSION & CONCEPTS

The dance followed the music, which came from African American sources

Ragtime Blues music differ from later Blues